

## Adult Drop-In & Community Dining Program - April 2017

Adult Drop-In offered Wednesdays at Pelham Park Gardens from 1-3 pm  
 Community Support & Crisis Intervention Worker available in Drop-In Wednesdays from 4- 6 pm  
 Community Dining will be offered Mondays & Wednesdays for 4:30 pm dinner.

Reasonable accommodation or any other special needs will be provided upon request. If you require accommodation, please contact main reception at 416 656-8025, by email at [info@dpnchc.ca](mailto:info@dpnchc.ca) or in person.

Drop In is free and all are welcome. No registration is required.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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2	3 <b>Community Dining/Drop-n</b> 4:30 pm	4 Stretching/Breathing 10-11am Sanctuary Soccer Drop-In 6-8pm-Carleton Village School Gym	5 Pelham Drop-In 1-3pm <b>Community Dining 4:30 pm</b>	6 Soccer Drop-In 8-10pm Carlton Village School Gym	7 Stretching/Breathing Yoga 1-2:12 pm Sanctuary	8
9	10 <b>Community Dining/Drop-n</b> 4:30 pm	11 Stretching/Breathing 10-11am Sanctuary Soccer Drop-In 6-8pm-Carleton Village School Gym	12 Pelham Drop-In 1-3 pm <b>Community Dining 4:30 pm</b>	13 Soccer Drop-In 8-10pm Carlton Village School Gym	14 <b>Centre Closed Good Friday</b>	15
16	17 <b>Centre Closed Easter Monday</b>	18 Stretching/Breathing 10-11am Sanctuary Soccer Drop-In 6-8pm-Carleton Village School Gym	19 Pelham Drop-In 1-3pm <b>Community Dining 4:30 pm</b>	20 Soccer Drop-In 8-10pm Carlton Village School Gym	21 Stretching/Breathing Yoga 1-2:12 pm Sanctuary	22
23/30	24 <b>Community Dining/Drop-n</b> 4:30 pm	25 Stretching/Breathing 10-11am Sanctuary Soccer Drop-In 6-8pm-Carleton Village School Gym	26 Pelham Drop-In 1-3pm <b>Community Dining 4:30 pm</b>	27 Soccer Drop-In 8-10pm Carlton Village School Gym	28 Stretching/Breathing Yoga 1-2:12 pm Sanctuary	