

**Davenport Perth Neighbourhood & Community Health Centre  
Adult Drop-In & Community Dining Program  
December 2016**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 <b>Soccer Drop-in 8-10pm</b> (last of season) Restarts Jan 19	2 <b>Stretching breathing yoga 1 - 2:15 pm</b>	3
4	5 <b>Community Dining/Drop-In 4:30 pm</b>	6 <b>Soccer Drop in Carleton Village School 6-8 pm</b> (last of season) Restarts Jan 17 <b>Stretching Yoga 10-11 am</b>	7 <b>Pelham Drop-In 1-3pm Community Dining 4:30 pm</b>	8	9 <b>Stretching breathing yoga 1 - 2:15 pm</b>	10
11	12 <b>Community Dining/Drop-In 4:30 pm</b>	13 <b>Stretching Yoga 10-11 am</b>	14 <b>Pelham Drop-In 1-3 pm Community Dining 4:30 pm Christmas Dinner</b>	15	16 <b>Stretching breathing yoga 1 - 2:15 pm</b> <i>(Last day for Yoga Re starts Jan 17)</i>	17
18	19 <b>Community Dining/Drop-In 4:30 pm</b>	20	21 <b>Pelham Drop-In 1-3pm Community Dining 4:30 pm</b>	22	23	24
25	26 <b>CENTRE CLOSED</b>	27 <b>CENTRE CLOSED</b>	28 <b>Community Dining 4:30 pm Centre Closed 6 pm Pelham cancelled</b>	29 <b>Centre Closed 5 pm</b>	30 <b>CENTRE CLOSED 5 PM</b>	31

Adult Drop-In offered Wednesdays at Pelham Park Gardens from 1-2:45 pm and Community Support & Crisis Intervention Worker  
Community Support & Crisis Intervention Worker available in Drop-In/Community Dining Wednesdays from 4- 5 pm  
Community Dining will be offered Mondays & Wednesdays at 4:30