

Davenport Perth Neighbourhood & Community Health Centre Adult Drop-In & Community Dining Program February 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2 Soccer Drop-In 8-10pm – Carlton Village School gym	3 Stretching/Breathing Yoga 1-2:15 Sanctuary	4
5	6 Community Dining/Drop-In 4:30 pm	7 Stretching/Breathing 10-11am Sanctuary Soccer Drop-In 6-8pm – Carlton Village School gym	8 Pelham Drop-In 1-3pm Community Dining 4:30 pm	9 Soccer Drop-In 8-10pm – Carlton Village School gym	10 Stretching/Breathing Yoga 1-2:15 Sanctuary	11
12	13 Community Dining/Drop-In 4:30 pm	14 Stretching/Breathing 10-11am Sanctuary Soccer Drop-In 6-8pm – Carlton Village School gym	15 Pelham Drop-In 1-3 pm Community Dining 4:30 pm	16 Soccer Drop-In 8-10pm – Carlton Village School gym	17 Stretching/Breathing Yoga 1-2:15 Sanctuary	18
19	20 Family Day Centre Closed	21 Stretching/Breathing 10-11am Sanctuary Soccer Drop-In 6-8pm – Carlton Village School gym	22 Pelham Drop-In 1-3pm Community Dining 4:30 pm	23 Soccer Drop-In 8-10pm – Carlton Village School gym	24 Stretching/Breathing Yoga 1-2:15 Sanctuary	25
26	27 Community Dining/Drop-In 4:30 pm	28 Stretching/Breathing 10-11am Sanctuary Soccer Drop-In 6-8pm – Carlton Village School gym				

Adult Drop-In offered Wednesdays at Pelham Park Gardens from 1-2:45 pm and Community Support & Crisis Intervention Worker
Community Support & Crisis Intervention Worker available in Drop-In/Community Dining Wednesdays from 4- 5 pm
Drop-ins are free and all welcome. No registration required.