

Davenport Perth Neighbourhood & Community Health Centre
 Adult Drop-In & Community Dining Program
 May 2017

Adult Drop-In offered Wednesdays at Pelham Park Gardens from 1-3 pm
 Community Support & Crisis Intervention Worker available in Drop-In Wednesdays from 4- 6 pm & Friday's from 12 – 1pm
 Community Dining will be offered Wednesday & at 4:30 dinner, and Friday's at 11:30 am lunch

Reasonable accommodation or any other special needs will be provided upon request. If you require accommodation, please advise program contact name by phone or email or in person. "Drop In is free and all are welcome. No registration is required.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3 Pelham Drop-In 1-3pm Community Dining 4:30 pm	4 Soccer Drop-In 8-10pm Carlton Village School Gym	5 Stretching/Breathing Yoga 1-2:12 pm Sanctuary	6
7	8 Community Dining/Drop-n 4:30 pm	9 Stretching/Breathing 10-11am Sanctuary Soccer Drop-In 6-8pm-Carleton Village School Gym	10 Pelham Drop-In 1-3pm Community Dining 4:30 pm	11 Soccer Drop-In 8-10pm Carlton Village School Gym	12 Stretching/Breathing Yoga 1-2:12 pm Sanctuary	13
14	15 Community Dining/Drop-n 4:30 pm	16 Stretching/Breathing 10-11am Sanctuary Soccer Drop-In 6-8pm-Carleton Village School Gym	17 Pelham Drop-In 1-3 pm Community Dining 4:30 pm	18 Soccer Drop-In 8-10pm Carlton Village School Gym	19 Stretching/Breathing Yoga 1-2:12 pm Sanctuary	20
21	22 Community Dining/Drop-n 4:30 pm Springtime	23 Stretching/Breathing 10-11am Sanctuary Soccer Drop-In 6-8pm-Carleton Village School Gym	24 Pelham Drop-In 1-3pm Community Dining 4:30 pm	25 Soccer Drop-In 8-10pm Carlton Village School Gym	26	27
28	29 Community Dining/Drop-n 4:30 pm	30	31 Pelham Drop-In 1-3pm Community Dining 4:30 pm			

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