

Davenport Perth Neighbourhood & Community Health Centre
 Adult Drop-In & Community Dining Program
 October 2017

Adult Drop-In offered Wednesdays at Pelham Park Gardens from 1-3 pm
 Community Support & Crisis Intervention Worker available in Drop-In Wednesdays from 4- 6 pm & Friday's from 12 – 1pm
 Community Dining will be offered Wednesday at 4:30 dinner

Reasonable accommodation or any other special needs will be provided upon request. If you require accommodation, please advise program contact name by phone or email or in person. "Drop In is free and all are welcome. No registration is required.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3 Adult Yoga drop in 11-12 noon Sanctuary	4 Pelham Drop-In 1-3pm (CANCELLED) Community Dining 4:30 pm	5	6 Adult Yoga drop in 11-12 noon Sanctuary	7
8	9 Thanksgiving Centre Closed	10 Adult Yoga drop in 11-12 noon Sanctuary	11 Pelham Drop-In 1-3pm Community Dining 4:30 pm	12	13 Adult Yoga drop in 11-12 noon Sanctuary	14
15	16 Community Dining/Drop-n 4:30 pm	17 Adult Yoga drop in 11-12 noon Sanctuary	18 Pelham Drop-In 1-3 pm Community Dining 4:30 pm	19	20 Adult Yoga drop in 11-12 noon Sanctuary	21
22	23 Community Dining/Drop-n 4:30 pm	24 Adult Yoga drop in 11-12 noon Sanctuary	25 Pelham Drop-In 1-3pm Community Dining 4:30 pm	26	27 Adult Yoga drop in 11-12 noon Sanctuary	28
29	30 Community Dining/Drop-n 4:30 pm	31 Adult Yoga drop in 11-12 noon Sanctuary Halloween 				