

## January 2018

Adult Drop-In offered Wednesdays at Pelham Park Gardens from 1-3 pm  
 Community Support & Crisis Intervention Worker available in Drop-In Wednesdays from 4- 6 pm

**Reasonable accommodation or any other special needs will be provided upon request. If you require accommodation, please advise program contact name by phone or email or in person.** "Drop In is free and all are welcome. No registration is required.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 <b>New Year's Day Centre Closed</b>	2	3 <b>Pelham Drop-In 1-3pm Community Dining 4:30 pm</b>	4	5	6
7	8 <b>Community Dining/Drop-n 4:30 pm</b>	9 <b>Adult Yoga drop 10-11 am in Sanctuary</b>	10 <b>Pelham Drop-In 1-3pm Community Dining 4:30 pm</b>	11 <b>Soccer Drop-In starts 8-10pm Carlton Village School gym</b>	12 <b>Adult Yoga drop 10-11 am in Sanctuary</b>	13
14	15 <b>Community Dining/Drop-n 4:30 pm</b>	16 <b>Adult Yoga drop 10-11 am in Sanctuary</b>	17 <b>Pelham Drop-In 1-3 pm Community Dining 4:30 pm</b>	18	19 <b>Adult Yoga drop 10-11 am in Sanctuary</b>	20
21	22 <b>Community Dining/Drop-n 4:30 pm</b>	23 <b>Adult Yoga drop 10-11am in Sanctuary</b>	24 <b>Pelham Drop-In 1-3pm Community Dining 4:30 pm</b>	25	26 <b>Adult Yoga drop 10-11 am in Sanctuary</b>	27
28	29 <b>Community Dining/Drop-n 4:30 pm</b>	30 <b>Adult Yoga drop 10-11am in Sanctuary</b>	31 <b>Pelham Drop-In 1-3pm Community Dining 4:30 pm Close at 6 pm</b>			