

March 2018

Adult Drop-In offered Wednesdays at Pelham Park Gardens from 1-3 pm

Community Support & Crisis Intervention Worker available in Drop-In Wednesdays from 4- 6 pm

Reasonable accommodation or any other special needs will be provided upon request. If you require accommodation, please advise program contact name by phone or email or in person. "Drop In is free and all are welcome. No registration is required.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 Soccer Drop In 8-10pm - CV	2 Yoga drop in 10-11 am In Sanctuary Men's Drop In 2-4pm Garden Room	3
4	5 Community Dining/Drop-n 4:30 pm AA Meeting Garden Rm 6-8pm	6 Adult Yoga drop 10-11 am In Perth Hall Men's Social Drop In 3:30-5:15 Soccer Drop In 6-8pm - CV	7 Pelham Drop-In 1-3pm Community Dining 4:30 pm	8 Soccer Drop In 8-10pm - CV	9 Yoga drop in 10-11 am In Sanctuary Men's Drop In 2-4pm Garden Room	10
11	12 Community Dining/Drop-n 4:30 pm AA Meeting Garden Rm 6-8pm	13 <i>Community Kitchen</i> 9:30-12:30 Perth Hall Adult Yoga drop 10-11 am In Perth Hall Men's Drop In 3:30-5:15 Soccer Drop In 6-8pm - CV	14 Pelham Drop-In 1-3 pm Community Dining 4:30 pm	15 Soccer Drop In 8-10pm - CV	16 Yoga drop in 10-11 am In Sanctuary Men's Drop In 2-4pm Garden Room	17
18	19 Community Dining/Drop-n 4:30 pm AA Meeting Garden Rm 6-8pm	20 Adult Yoga drop 10-11 am In Perth Hall Men's Drop In 3:30-5:15 Soccer Drop In 6-8pm - CV	21 Pelham Drop-In 1-3pm Community Dining 4:30 pm	22 Soccer Drop In 8-10pm - CV	23 Yoga drop in 10-11 am In Sanctuary Men's Drop In 2-4pm Garden Room	24
25	26 Community Dining/Drop-n 4:30 pm AA Meeting Garden Rm 6-8pm	27 Adult Yoga drop 10-11 am In Perth Hall Men's Drop In 3:30-5:15 Soccer Drop In 6-8pm - CV	28 Pelham Drop-In 1-3pm Community Dining 4:30 pm Close at 6 pm	29 Soccer Drop In 8-10pm - CV	30 Good Friday Centre Closed	31