

# Davenport Perth Neighbourhood & Community Health Centre

## JULY 2018

Adult Drop-In offered Wednesdays at Pelham Park Gardens from 1-3 pm  
 Community Support & Crisis Intervention Worker available in Drop-In Wednesdays from 4- 6 pm

Reasonable accommodation or any other special needs will be provided upon request. If you require accommodation, please advise program contact name by phone or email or in person. "Drop In is free and all are welcome. No registration is required.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 Canada Day Centre Closed	3	4	5	6	7
8	9 Community Dining/Drop-n 4:30 pm AA Meeting Garden Rm 6-8pm	10 Adult Yoga drop 10-11 am In Perth Hall	11 Pelham Drop-In 1-3pm Community Dining 4:30 pm	12 Adult Swim 10 am Regent Park Aquatic Centre	13 Yoga drop in 10-11 am In Sanctuary	14
15	16 Community Dining/Drop-n 4:30 pm AA Meeting Garden Rm 6-8pm	17 Adult Yoga drop 10-11 am In Perth Hall	18 Pelham Drop-In 1-3 pm Community Dining 4:30 pm	19 Adult Swim 10 am Regent Park Aquatic Centre	20 Yoga drop in 10-11 am In Sanctuary	21
22	23 Community Dining/Drop-n 4:30 pm AA Meeting Garden Rm 6-8pm	24 Adult Yoga drop 10-11 am In Sanctuary	25 Pelham Drop-In 1-3pm Community Dining 4:30 pm	26 Adult Swim 10 am Regent Park Aquatic Centre	27 Yoga drop in 10-11 am In Sanctuary	28
29	30 Community Dining/Drop-n 4:30 pm AA Meeting Garden Rm 6-8pm	31 Adult Yoga drop 10-11 am In Perth Hall				