

Davenport Perth Neighbourhood & Community Health Centre January 2019

Adult Drop-In offered Wednesdays at Pelham Park Gardens from 1-3 pm

Community Support & Crisis Intervention Worker available in Drop-In Wednesdays from 4- 6 pm

Reasonable accommodation or any other special needs will be provided upon request. If you require accommodation, please advise program contact name by phone or email or in person. "Drop In is free and all are welcome. No registration is required.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Centre Closed	2 Pelham Drop-In 1-3 pm Community Dining 4:30 pm	3	4 Yoga drop in 10:30-11:30 am In Sanctuary	5
6	7 Community Dining/Drop-n 4:30 pm	8 Adult Yoga drop 10:30-11:30 AM In Sanctuary Soccer 6-8 pm Carlton Village Gym	9 Pelham Drop-In 1-3pm Community Dining 4:30 pm	10	11 Yoga drop in 10:30-11:30 am In Sanctuary	12
13	14 Community Dining/Drop-n 4:30 pm	15 Adult Yoga drop 10:30-11:30 AM In Sanctuary Soccer 6-8 pm Carlton Village Gym	16 Pelham Drop-In 1-3 pm Community Dining 4:30 pm	17	18 Yoga drop in 10:30-11:30 am In Sanctuary	19
20	21 Community Dining/Drop-n 4:30 pm	22 Adult Yoga drop 10:30-11:30 AM In Sanctuary Soccer 6-8 pm Carlton Village Gym	23 Pelham Drop-In 1-3pm Community Dining 4:30 pm	24	25 Yoga drop in 10:30-11:30 am In Sanctuary	26
27	28 Community Dining/Drop-n 4:30 pm	29 Adult Yoga drop 10:30-11:30 AM In Sanctuary Soccer 6-8 pm Carlton Village Gym	30 Pelham Drop-In 1-3pm Community Dining 4:30 pm	31		