

Davenport Perth Neighbourhood & Community Health Centre

August 2019

Drop-In programs are free and all are welcome. No registration is required.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
4	5 Centre Closed	6 Adult Yoga drop 10:30-11:40 AM In Sanctuary	7 Pelham Drop-In 1-3pm Community Dining 4:30 pm	8	9 Yoga drop in 10:30-11:30 am In Sanctuary	10
11	12 Community Dining/Drop-In 4:30 pm Perth Hall	13 Adult Yoga drop 10:30-11:40 AM In Sanctuary	14 Pelham Drop-In 1-3 pm Community Dining 4:30 pm	15	16 Yoga drop in 10:30-11:30 am In Sanctuary	17
18	19 Community Dining/Drop-In 4:30 pm Perth Hall	20 Adult Yoga drop 10:30-11:40 AM In Sanctuary	21 Pelham Drop-In 1-3pm Community Dining 4:30 pm	22	23 Yoga drop in 10:30-11:30 am In Sanctuary	24
25	26 Community Dining/Drop-In 4:30 pm Perth Hall	27 Adult Yoga drop 10:30-11:40 AM In Sanctuary	28 Pelham Drop-In 1-3pm Community Dining 4:30 pm	29	30 Yoga drop in 10:30-11:30 am In Sanctuary	31

Community Support & Crisis Intervention Worker available in Drop-In Wednesdays from 4:30- 6 pm Reasonable accommodation or any other special needs will be provided upon request. If you require accommodation, please advise program contact name by phone or email or in person.