

Davenport Perth Neighbourhood & Community Health Centre

Sept 2019

Drop-In programs are free and all are welcome. No registration is required.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 Centre Closed	3 Adult Yoga drop 10:30-11:40 AM In Sanctuary	4 Pelham Drop-In 1-3pm Community Dining 4:30 pm	5	6 Yoga drop in 10:30-11:30 am In Sanctuary	7
8	9 Community Dining/Drop-In 4:30 pm Perth Hall	10 Adult Yoga drop 10:30-11:40 AM In Sanctuary	11 Pelham Drop-In 1-3pm Community Dining 4:30 pm	12	12 Yoga drop in 10:30-11:30 am In Sanctuary	14
15	16 Community Dining/Drop-In 4:30 pm Perth Hall	17 Adult Yoga drop 10:30-11:40 AM In Sanctuary	18 Pelham Drop-In 1-3 pm Community Dining 4:30 pm	19	20 Yoga drop in 10:30-11:30 am In Sanctuary	21
22	23 Community Dining/Drop-In 4:30 pm Perth Hall	24 Adult Yoga drop 10:30-11:40 AM In Sanctuary	25 Pelham Drop-In 1-3pm Community Dining 4:30 pm	26	27 Yoga drop in 10:30-11:30 am In Sanctuary	28
29	30 Community Dining/Drop-In 4:30 pm Perth Hall				Yoga drop in 10:30-11:30 am In Sanctuary	31

Community Support & Crisis Intervention Worker available in Drop-In Wednesdays from 4:30- 6 pm Reasonable accommodation or any other special needs will be provided upon request. If you require accommodation, please advise program contact name by phone or email or in person.