

Davenport Perth Neighbourhood & Community Health Centre

February 2020

Drop-In programs are free and all are welcome. No registration is required.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3 Community Dining/Drop-in 4:30 pm Men's drop in 5:30-7:30pm Garden Rm Hangout café 5:30-7:30pm SANCTUARY	4 Adult Yoga drop in 10:30-11:40 AM In Perth Hall	5 Pelham Drop-In 1-3 pm Community Dinner 4:30 pm Men's Drop-In 5:30 – 7:30pm Sanctuary	6 Community Singing Drop-In 6:30-8pm Perth Hall Family Connections 6-8pm	7 LIGHTS ESL 9AM -12:30 Garden Rm. (to support newcomers with challenges to learning English)	8
9	10 Community Dining/Drop-in 4:30 pm Men's drop in 5:30-7:30pm Garden Rm Hangout café 5:30-7:30pm SANCTUARY	11 Adult Yoga drop in 10:30-11:40 AM In Perth Hall	12 Pelham Drop-In 1-3 pm Community Dinner 4:30 pm Men's Drop-In 5:30 – 7:30pm Sanctuary TABLE 91 6-8PM Perth Hall	13 Community Singing Drop-In – Fiercely OK Choir 6:30-8pm Perth Hall Family Connections 6-8pm	14 LIGHTS ESL 9AM -12:30 Garden Rm. Adult Yoga drop in 10:30-11:40 AM Sanctuary	15
16	17 Centre Closed Family Day	18 Adult Yoga drop in 10:30-11:40 AM In Perth Hall	19 Pelham Drop-In 1-3 pm Community Dinner 4:30 pm Men's Drop-In 5:30 – 7:30pm Sanctuary	20 Community Singing Drop-In 6:30-8pm Perth Hall Family Connections 6-8pm	21 LIGHTS ESL 9AM -12:30 Garden Rm. Adult Yoga drop in 10:30-11:40 AM Sanctuary	22
23	24 Community Dining/Drop-in 4:30 pm Men's drop in 5:30-7:30pm Garden Rm Hangout café 5:30-7:30pm SANCTUARY	28 5 Adult Yoga drop in 10:30-11:40 AM In Perth Hall	26 Pelham Drop-In 1-3 pm Community Dinner 4:30 pm Men's Drop-In 5:30 – 7:30pm Sanctuary	27 BLACK HISTORY MONTH EVENT 5-8PM Community Singing Drop-In 6:30-8pm Perth Hall Family Connections 6-8pm	28 LIGHTS ESL 9AM -12:30 Garden Rm Adult Yoga drop in 10:30-11:40 AM Sanctuary	29

Community Support & Crisis Intervention Worker available in Drop-In Wednesdays from 4:30- 6 pm Reasonable accommodation or any other special needs will be provided upon request. If you require accommodation, please advise program contact name by phone or email or in person.