

Davenport Perth Neighbourhood & Community Health Centre

March 2020

Drop-In programs are free and all are welcome. No registration is required.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 Community Dining/Drop-in 4:30 pm Men's drop in 5:30-7:30pm Garden Rm Hangout café 5:30 SANCTUARY	3 Adult Yoga drop in 10:30-11:40 AM In Perth Hall	4 Pelham Drop-In 1-3 pm Community Holiday Dinner 4:30 pm Men's Drop-In 5:30 – 7:30pm Sanctuary	5 Community Singing Drop-In 6:30-8pm Perth Hall Family connections 6-8 pm	6 Lights ESL 9:30AM- 12:30 Garden Rm No Friday Yoga	7
8	9 Community Dining/Drop-in 4:30 pm 5:30-7:30pm Men's drop in – Garden Rm Hangout café SANCTUARY	10 Adult Yoga drop in 10:30-11:40 AM In Perth Hall	11 Pelham Drop-In 1-3 pm Community Holiday Dinner 4:30 pm Men's Drop-In 5:30 – 7:30pm Sanctuary	12 Community Singing Drop-In 6:30-8pm Perth Hall Family connections 6- 8 pm	13 Lights ESL 9:30AM- 12:30 Garden Rm No Friday Yoga	14
15	16 Community Dining/Drop-in 4:30 pm 5:30-7:30pm Men's drop in – Garden Rm Hangout café SANCTUARY	17 Adult Yoga drop in 10:30-11:40 AM In Perth Hall	18 Pelham Drop-In 1-3 pm Community Holiday Dinner 4:30 pm Men's Drop-In 5:30 – 7:30pm Sanctuary	19 Community Singing Drop-In 6:30-8pm Perth Hall Family connections 6-8 pm	20 Lights ESL 9:30AM- 12:30 Garden Rm Adult Yoga drop in 10:30-11:40 AM Sanctuary	21
22	23 Community Dining/Drop-in 4:30 pm 5:30-7:30pm Men's drop in – Garden Rm Hangout café SANCTUARY	24 Adult Yoga drop in 10:30-11:40 AM In Perth Hall	25 Pelham Drop-In 1-3 pm Community Holiday Dinner 4:30 pm Men's Drop-In 5:30 – 7:30pm Sanctuary	26 Community Singing Drop-In 6:30-8pm Perth Hall Family connections 6-8 pm	27 Lights ESL 9:30AM- 12:30 Garden Rm Adult Yoga drop in 10:30-11:40 AM Sanctuary	28 Got any small appliances that need repair? Have any clothing items needing small repairs?
29	30 Community Dining/Drop-in 4:30 pm 5:30-7:30pm Men's drop in – Garden Rm Hangout café SANCTUARY	31 Adult Yoga drop in 10:30-11:40 AM In Perth Hall (last Tuesday class until further notice)		Free Dance classes: April 14-June 23! 5-7pm Sanctuary		Come to the next Repair Café on Tuesday April 7!

Community Support & Crisis Intervention Worker available in Drop-In Wednesdays from 4:30- 6 pm Reasonable accommodation or any other special needs will be provided upon request. If you require accommodation, please advise program contact name by phone or email or in person.