

Mondays	Tuesdays	Wednesdays	Thursdays	Fridays
<p>July 5, 12, 19 and 26:</p> <p>Walk Fit 55+ is back at EarlsCourt Park at Caledonia and St. Clair. For information, call Maria at (416) 656-8025, ext. 246, or Monica at (416) 656-8025, ext. 264.</p>  <p>Aspire Choir Sing Along with Doug – ZOOM 11:00 am-12:00 For information, call Maria at (416) 656-8025, ext. 246.</p> <p>New Program !!! Creative Writing in Parnertship with MUSE Arts - Paola Gomez Mondays 5:00 to 7:00 July 12 to August 2 For information, call Mariela (416) 6 56-8025, ext. 263.</p> 	<p>July 6, 13, 20, and 27:</p> <p>Cantinho da Amizade – Portuguese Seniors 1 -2 pm Call Cristina at (416) 656-8025, ext. 379. Julho 6- Bemvindo ao Jardim Julho 13 -Bemvindo ao Jardim Julho 20 -Bemvindo ao Jardim Julho 27 -Apresentação sobre Racismo</p> <p>Donne Insieme – Italian Seniors 1 p.m.-2 p.m. For information, call Maria at 416 656-8025, ext. 246.</p> <p>July 6-Welcome Back (DPNCHC Garden) July 13- Anti-Black Racism Workshop July 20- Anti -Black Racism Workshop July 27- Bocce -Virtual Learning</p> 	<p>July 7, 14, 21, and 28:</p> <p>Wellness – English Seniors 1 p.m.-2 p.m. For information, call Mariela at (416) 656-8025, ext. 263.</p> <p>Welcome Back (DPNCHC Garden) July 7: Bingo July 14: Anti-Black Racism workshop July 21: Arts and Crafts July 28: Anti-Black Racism workshop</p> <p>On-Site Tech Support for Zoom and Email 10:30 a.m.-12 p.m. Contact Dolores at (416) 656-8025, ext. 262.</p> <p>On-Site Tech Support for Zoom and Email Contact Neil 416 656-8025 ext. 265</p>	<p>July 1, 8, 15, 22 and 29:</p> <p>Club Amistad – Spanish Seniors 1 p.m.-2 p.m. For information, call Mariela at (416) 656-8025, ext. 263. Bienvenidos al patio del Centro Julio 1: Centro cerrado por Día de Canadá Julio 8: Presentación con la Optometrista, Sandra Solano Julio 15: Charla sobre Racismo y discriminación Julio 22: Charla sobre Racismo y discriminación Julio 29: Charla sobre Jardinería con Alfredo Correa</p> <p>Happy Canada Day to everyone!</p> 	<p>July 2, 9, 16, 23 and 30:</p>  <p>July 9 is Nunavut Day!</p> <p>Take care of each other and we'll get through this!</p>  <p>Stay safe: Wear a mask, keep 6 feet apart, sanitize!</p> 