


September 2021 Program Calendar – Seniors Services

Davenport-Perth: 1900 Davenport Road. For more information on Seniors Services, please call: (416) 656-8025

Mondays	Tuesdays	Wednesdays	Thursdays	Fridays
<p>Sept. 13, 20 & 27</p> <p>The centre will be CLOSED on Sept. 6 for Labour Day!</p> <p>Walk Fit 55+ 9:30 am. Earlscourt Park at Caledonia and St. Clair. For information, call Maria at (416) 656-8025, ext. 246, or Monica at (416) 656-8025, ext. 264.</p>  <p>Aspire Choir Sing Along with Doug – ZOOM Earlscourt Park at Caledonia and St. Clair. 11:00 am 12:00 For information, call Maria at 416 656-8025, ext. 246.</p>	<p>Sept. 7, 14, 21 & 28:</p> <p>Cantinho da Amizade – Portuguese Seniors 1-3 p.m. Call Cristina at (416) 656-8025, ext. 379. DPNC Backyard Set7.: Sendo uma avó imigrante no Canadá com Manuela Marujo Set. 14: Classe de Computador con Gisely Set 21.: Cantando uma musica Set 28.: Classe de Computador con Gisely</p> <p>Donne Insieme – Italian Seniors 1 p.m.-3 p.m. DPNC Backyard For information, call Maria at 416 656-8025, ext. 246. Sett. 7: Comunicare in virtuale Sett. 14: Bocce Sett. 21: Cantiamo insieme Sett. 28: Salute Mentale con Sidonia</p>  <p>Join us on Facebook! @DPNCHC Facebook Seniors</p>	<p>Sept. 1, 8, 15, 22 & 29:</p> <p>On-Site Tech Support for Zoom and Email Contact Neil at (416) 656-8025, ext. 265.</p> <p>Wellness – English Seniors 1 p.m.-3 p.m. DPNC Backyard For information, call Mariela at (416) 656-8025, ext. 263. Sept. 1: Presentation with Ingrid on government benefits for seniors Sept 1: Presentation on seniors Benefits with Ingrid Sept. 8: Bingo Sept. 15: Art with MUSE Arts TO Sept. 22: Art with MUSE Arts TO Sept. 29: Art with MUSE Arts TO</p> <p>Sept 12 Grandparents Day</p> 	<p>Sept. 2, 9, 16, 23 & 30:</p> <p>Club Amistad – Spanish Seniors 1 p.m.-3 p.m. DPNC Backyard For information, call Mariela at (416) 656-8025, ext. 263. Sept.2: Presentación nuevos beneficios para adultos mayores con Ingrid Sept. 9: Bingo Sept. 16: Arte con MUSE Arts TO Sept.23: Arte con MUSE Arts TO Sept.30: Arte con MUSE Arts TO</p>  <p>Join us for Art with MUSE Arts on Sept. 15, 22 and 29 with the English Seniors group. And on Sept. 16, 23 and 30 with the Spanish Seniors - Club Amistad.</p>	<p>Sept. 3, 10, 17 & 24:</p> <p>Take care of each other and we'll get through this!</p>  <p>Stay safe: Wear a mask, keep 6 feet apart, sanitize!</p> <p>Rimanga sicuro: Indossare una maschera, mantieni 6 piedi di distanza, igienizza!</p> <p>Fique seguro: Usar uma máscara, mantenha 6 pés de distância, higienize!</p> <p>Mantenerse a salvo: Usar una máscara, mantenga 6 pies de distancia, desinfecte!</p>