



June 2022 Program Calendar – Seniors Services

Davenport-Perth: 1900 Davenport Rd.



Davenport-Perth
Neighbourhood and Community Health Centre



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>June 6,13,20,27 WALK FIT 55+</p> <p>9:30 -10:30 am Earslcourt Park</p> <p>St. Clair Ave. /Caledonia Contact Monica 416 656-8025 ext. 264</p> <p>PING PONG & BOCCE 1-3 pm. Sanctuary Contact Monica/Dolores (416) 656 8025 Ext 264/262</p> <p>NEW SPANISH CONVERSATION</p> <p>Contact Dolores 416 656-8025 ext. 262 4:00-5:00 pm Garden room</p> <p>Muse Arts (ZOOM) Voices of Wisdom 3-5 pm. Start June 13 Please register Dolores 416 656-8025 ext. 262</p> <p>Computer Classes Spanish</p> <p>3 pm-5 pm Sanctuary Contact Dolores 416 656-8025 ext. 262</p>	<p>June 7,14,21,28 Aspire Choir 3- 4:30pm – Backyard</p> <p>June 7,14 : Cancelled June 21,28: Backyard Contact Monica/Dolores 416 656-8025 ext. 264/262</p> <p>Cantinho da Amizade Portuguese Speaking Seniors 1:00 -2:30 - Sub-basement Contact Cristina 416 656-8025 ext. 379.</p> <p>June 7 Seniors Picknick -Picknick June 14- Comidas saudáveis para envelhecer com Jedid June 21 - Dança em linha special de “Dia de Portugal” June 28- Comemoração do mes de Portugal</p> <p>Donne Insieme Italian Speaking Seniors 1:00-2:30 – Perth Hall June 07: Seniors Celebration June 14: Line Dancing June 21: Bingo June 28: Giardinaggio (Alfredo)</p> <p>Memorias, Conversas y más Spanish Seniors Max. 10 personas 1:00-2:30 pm – Garden Room Contact Dolores 416 656-8025</p>	<p>June 1,8,15,22,29 Wellness. ENGLISH Speaking Seniors 1:00- 2:30 -Sanctuary Contact Dolores (416) 656-8025, ext. 262. June 1: NO PROGRAMS June 8: Pain Management June 15: Muse Arts June 22: Bingo (High Park) June 29: Muse Arts</p> <p>Computer Classes English</p> <p>3:30 - 5pm. Sanctuary Contact Neil in English 416 656-8025 ext. 265</p> <p>Join us on Facebook! @DPNCHC Facebook Seniors</p> <p>PROGRAMMING IS SUBJECT TO CHANGES PLEASE CALL TO CONFIRM 416 656 8025</p>	<p>June 2,9,16,23,30 Knitting & Sewing 10:00-12pm Perth Hall Contact Dolores 416 656-8025 ext. 262</p> <p>Club Amistad SPANISH Speaking Seniors 1:00-2:30 -Sanctuary Contact Dolores 416 656-8025 ext. 262</p> <p>June 2: NO PROGRAMACIÓN June 9 Como Manejar el Dolor June 16 Muse Arts June 23 Bingo/Picnic High Park June 30 Muse Arts</p> <p>Computer Classes Portuguese 1 pm-4 pm (Garden room) Contact 416 656-8025 ext. 247</p> <p>ESL ENGLISH AS A SECOND LANGUAGE Conversations 3:30- 5:00 - Sanctuary Contact Elizabeth 416 656-8025 ext. 262</p>	<p>June 3,10,17,24</p> <p>Beginner's Line Dancing 12:30-1:30pm Sanctuary Contact Monica (416) 656-8025, ext.264</p> <p>STAY SAFE Wear a mask, Keep 6 feet apart, sanitize!</p> <p>RIMANGA SICURO Indossare una maschera, mantieni 6 piedi di distanza, igienizza!</p> <p>FIQUE SEGURO Usar uma máscara, mantenha 6 pés de distância, higienize!</p> <p>MANTÉNGASE A SALVO Use la máscara Mantenga 6 pies de distancia Desinfecte</p>

